

WEEK FROM AUGUST 5TH TO AUGUST 11TH



WEEK 1		LUNCH	DINNER	
MONDAY	A		S	
	B		So	
	C	BUFFET	E	BUFFET
	D		F	
	V		V	
	OP		OP	
TUESDAY	A		S	
	B		So	
	C	BUFFET	E	BUFFET
	D		F	
	V		V	
	OP		OP	
WEDNESDAY	A		S	
	B		So	
	C	BUFFET	E	BUFFET
	D		F	
	V		V	
	OP		OP	
THURSDAY	A		S	
	B		So	
	C	BUFFET	E	BUFFET
	D		F	
	V		V	
	OP		OP	
FRIDAY	A		S	
	B		So	
	C	BUFFET	E	BUFFET
	D		F	
	V		V	
	OP		OP	
SATURDAY	A	SALAD 3-4-12	S	SALAD 3-4-12
	B	LENTILS "MOROCCAN STYLE"	So	CHICKEN AND PASTA SOUP 1
	C	MEAT LASAGNA 1-3-4-12	E	RUSSIAN STEAK IN SAUCE 1-3-10-12
	D	COLOMBIAN POTATOE 1-3-4	F	BAKED STOKER FISH 4
	V	SCRAMBLED OF VEGETABLES 3	V	SAUTEED VEGETABLES WITH APPLE
	OP	GRILLED TUNA	OP	GRILLED TUNA
SUNDAY	A	SALAD 3-4-12	S	SALAD 3-4-12
	B	VEGETABLE SOUP	So	CHARD CREAM
	C	BAKED CHICKEN WITH PEACH 12	E	VEAL "FLAMENQUINES" 1-3-7
	D	GRATEN COD WITH TOMATO 4-7-12	F	LASAGNA "SAILOR" STYLE 1-3-4-7-12
	V	CATALONIAN STYLE SPINACH 3-7-8-10	V	PUMPKIN STUFFED WITH VEGETABLES 7
	OP	GRILLED TUNA	OP	GRILLED TUNA

FOOD ALLERGENS

1. GLUTEN 2. CRUSTACEANS 3.EGGS 4.FISH 5.PEANUTS 6.SOYA 7.MILK 8.TREE NUTS 9. CELERY 10. MUSTARD 11. SESAME 12. SULPHITES 13.MOLLUSCS 14. LUPIN