WEKK FROM JUNE 30ND TO JULY 06TH				
WEEK 1		LUNCH		DINNER
MONDAY	A		S	
	B		So	
	C	BUFFET	E	BUFFET
	D		F	
	V		V	
	OP		OP	
TUESDAY	A		S	
	B		SO	
	C	BUFFET	E	BUFFET
	D		F	
	V		V	
	OP		OP	
WEDNESDAY	A		S	
	B		So	
	C	BUFFET	E	BUFFET
	D		F	
	V		V	
	OP		OP	
THURSDAY	A	SALAD **3-4-12**	S	SALAD **3-4-12**
	B	VEGETABLE SOUP	So	CARROT CREAM
	C	BEEF SOUP **12**	E	PORK SIRLOIN IN SAUCE
	D	"CHERNE" FISH IN GREEN "MOJO" SAUCE **4**	F	BREADED HAKE **1-3-4**
	V	PASTA "PISTO" STYLE **1-3-12**	V	"PISTO" WITH MANCHEGO CHEESE **12**
	OP	GRILLED TUNA	OP	GRILLED TUNA
FRIDAY	A	SALAD **3-4-12**	S	SALAD **3-4-12**
	B	CANARIAN "RANCHO"	So	VEGETABLE SOUP
	C	GRILLED BEEF STEAK	E	CHICKEN BREAST **7**
	D	BAKED COD WITH ONION **4-12**	F	TUNA CAKE **1-3-4-7**
	V	RICE "THREE DELIGHTS" **3**	V	ZUCCHINI OMELETTE **3**
	OP	GRILLED TUNA	OP	GRILLED TUNA
SATURDAY	A	SALAD **3-4-12**	S	SALAD **3-4-12**
	B	LENTILS "MOROCCAN STYLE"	So	CHICKEN AND PASTA SOUP **1**
	C	MEAT LASAGNA **1-3-4-12**	E	RUSSIAN STEAK IN SAUCE **1-3-10-12**
	D	COLOMBIAN POTATOE **1-3-4**	F	BAKED STOKER FISH **4**
	V	SCRAMBLED OF VEGETABLES **3**	V	SAUTEED VEGETABLES WITH APPLE
	OP	GRILLED TUNA	OP	GRILLED TUNA
SUNDAY	A	SALAD **3-4-12**	S	SALAD **3-4-12**
	B	VEGETABLE SOUP	So	CHARD CREAM
	C	BAKED CHICKEN WITH PEACH **12**	E	VEAL "FLAMENQUINES" **1-3-7**
	D	GRATEN COD WITH TOMATO **4-7-12**	F	LASAGNA "SAILOR" STYLE **1-3-4-7-12**
	V	CATALONIAN STYLE SPINACH **3-7-8-10**	V	PUMPKIN STUFFED WITH VEGETABLES **7**
	OP	GRILLED TUNA	OP	GRILLED TUNA

FOOD ALLERGENS

1. GLUTEN 2. CRUSTACEANS 3.EGGS 4.FISH 5.PEANUTS 6.SOYA 7.MILK 8.TREE NUTS 9. CELERY 10. MUSTARD 11. SESAME 12. SULPHITES 13.MOLLUSCS 14. LUPIN